



OUTDOOR EQUIPMENT LIST

MIDDLE SCHOOL

CAMPING/BACKPACKING EQUIPMENT

At OVS, all students are expected to participate in outdoor education trips, including camping and backpacking.

- Students must be in possession of required outdoor equipment prior to the first day of school.
- Synthetic clothing is required for all outdoor education trips.
- Knives are NOT allowed.
- All items should be labeled with student name.
- Recommended Retail Stores: REI, Real Cheap Sports

REQUIRED ITEMS:

- 1 Backpack (Internal frame 3800-4500 cubic inches)
- 1 Day Pack
- 1 Mummy Bag (synthetic, rated 20-25°F/-7C)
- 1 Sleeping Pad (Ensolite/Ridgerest)
- 2 Screw top water bottles (Nalgene 32oz)
- 1 Insulated plastic cup (8-12oz)
- 1 Plastic bowl
- 1 Plastic spork
- 1 Stuff sack or Ziplock bag
- 2 Dry bags (13 & 20 liter)
- 1 Rain jacket and pants (sealed seams)
- 1 Fleece jacket and pants (synthetic)
- 1 Wool or fleece beanie
- 1 Fleece gloves
- 1 Thermal underwear (synthetic top and bottom)
- 2 Hiking socks (pairs synthetic)
- 2 Nylon shorts
- 2 T-shirts (synthetic)
- 2 Bandanas
- 1 Chapstick
- 1 Sunscreen (water/sweat proof)
- 1 Toothbrush and paste
- 1 Headlamp or small flashlight w/new batteries
- 1 Hat w/visor
- 1 Running shoes
- 1 Sandals/flip flops
- 1 Sunglasses
- 3 Underwear (synthetic)
- 1 Swimsuit
- 1 Water filter (Sawyer squeeze)

OPTIONAL:

- 1 3-4 season tent and ground cloth
- 1 Locking carabiner
- 1 Snorkel and mask
- 1 Playing cards/Uno