



# OUTDOOR EQUIPMENT LIST ELEMENTARY

## CAMPING/BACKPACKING EQUIPMENT

At OVS, all students are expected to participate in outdoor education trips, including camping and backpacking.

- Students must be in possession of required outdoor equipment prior to the first day of school.
- Synthetic clothing is required for all outdoor education trips
- Knives are NOT allowed
- All items should be labeled with student name
- Recommended Retail Stores: REI, Real Cheap Sports

## REQUIRED ITEMS:

- 1 Day Pack or duffle bag
- 1 Mummy/Polarguard Sleeping Bag (synthetic, rated 20-25°F (-7°C) with stuff sac
- 1 Sleeping Pad (Ensolite/Ridgerest/Thermarest)
- 2 Screw top water bottles (Nalgene 32oz)
- 1 Insulated plastic cup (8-12oz)
- 1 Plastic bowl/plate
- 1 Plastic spork
- 1 Stuff sack or Ziplock bag
- 1 Wind/Rain jacket and pants (sealed seams)
- 1 Synthetic fleece jacket and pants
- 1 Wool or fleece beanie cap
- 1 Fleece gloves
- 1 Pair of synthetic thermal underwear (top and bottom)
- 2 Pairs of synthetic hiking socks
- 2 Nylon shorts
- 2 Synthetic t-shirts
- 2 Bandanas
- 1 Chapstick
- 1 Sunscreen (water/sweat proof)
- 1 Toothbrush and paste
- 1 Headlamp or small flashlight w/new batteries
- 1 Hat w/visor
- 1 Hiking boots (light weight) or Running shoes
- 1 Pair of sandals/watershoes
- 3 Pair of synthetic underwear
- 1 Swimsuit

## OPTIONAL:

- 1 3-4 season tent and ground cloth
- 1 Camera (disposable)
- 1 Pair of sunglasses
- 1 Locking carabiner